



Annual Flu Shot Clinic—October 14, 2015

It is time again for our annual Flu Shot Clinic scheduled for **Wednesday, October 14th** from 12 noon until 2p.m. in the Assembly Room.

Please contact Carey for more information and to sign up for a time. Don't forget to bring your insurance cards.

Students Participate in MDOL Safety Works Program

On September 23rd, three of our trades classes spent the morning learning about fall protection with the help of the Maine Dept. of Labor's Safety Works Program. Thirty students and instructors participated in this training with live demos, videos and handouts. The programs involved were the Residential Electricity, Plumbing/Heating and Building Technology, and was an informative and educational experience for all.

Tri-Country Technology Center to Visit— October 14th, Gym, 10a.m. to 1p.m. for more information contact Diana at 454-1046



11th Annual TURKEY-A-THON

Help your neighbor by providing a healthy meal during the holidays! For \$12 you can purchase a turkey for a local family in need. All money raised will be spent at Washington County Food stores, given to Washington County food pantries and then distributed to Washington County families. If you would like to make a donation, please write your check out to Turkey A Thon and give to Tina no later then **October 15, 2015** Last year, WCCC Faculty, Staff and Students raised \$550 for this fundraiser!

Totally Trades! Conference for Girls

A day-long event designed to encourage females to consider careers in fields traditionally dominated by males will bring together participants from schools throughout Washington County on **Friday, October 23, 2015** at WCCC.

SPANNING MAIN WOMEN & GIRLS "Mades & TECHNOLOGY

WCCC named in 2014, 2013 & 2011 in the top 10% of Community Colleges in the USA (Aspen Institute)

Special points of interest:

 Saturday, October 24th, 7th Annual Ken and Jane Brooks

and Friends Homecoming Concert, contact Tina 454-

WCCC will be closed Monday, October 12 to observe

> Don't forget to complete

your mandatory online

safety training. If you need assistance, please see Robyn Leighton.

1002 for tickets.

Columbus Day

The Totally Trades! conference will feature hands-on sessions ranging from carpentry and automotive repair to heavy equipment operation and computer electronics/repair, all providing an opportunity for girls to experience some aspect of the profession through various activities. (continued on page 2).







Veterans Memorial

Many of you have already seen that the beautiful veterans memorial has been moved to the front entrance of the college. If you are interested in purchasing an engraved memorial brick in memory of a loved one or friend, please see Tina. The cost is \$50 per brick and proceeds go to the WCCC Veterans Scholarship.

2nd Annual WCCC Ghost Run Half Marathon & Relay

The 2nd Annual WCCC Ghost Run Half Marathon & Relay to benefit the Outdoor Adventure Center & Student Scholarships has been scheduled for **Sunday, October 25, 2015**. The race starts at the Moosehorn Wildlife Refuge (YCC Building, Moosehorn Headquarters) and ends at the Calais Recreation Center. Participants looking to run, but not the full half-marathon distance, may form relay teams of four (leg 1: 3.24 miles, leg 2: 5 miles; leg 3: 2.4 miles; leg 4: 2.46 miles).

WCCC in 2014 was named 46th Best Community College in the USA (The Best Schools.org)

Special points of interest:

- > This newsletter will be published bi-weekly.
 Please see Tina with any ideas you may have for the newsletter.
- > Like" the College's Facebook page for the happenings around WCCC. www.facebook.com/ discoverwccc
- Did you know that by law you can put studded snow tires on October 1st each year.

Medals will be awarded for the top male and female runners, as well as to the top 2 males and females in each age group: 0-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over. Medals will also be awarded to the top 2 relay teams.

*T-Shirts for the first 50 registered!

*Pre-registration: \$25 individual or \$50 Relay Team; *Race day registration: \$30 Individual or \$60 Relay Team

*COME IN COSTUME!!!! Prizes awarded to those dressed in the best costumes! Please contact Chris Woodside: (207) 454-1068, cwoodside@wccc.me.edu; or Sarah Mulcahy: bouchardsj@gmail.com for more information.



WCCC & Calais Regional Hospital are excited to host the Community Health and Wellness Fair on **Friday**, **Dctober 27** from 1 pm - 5 pm at the WCCC gymnasium. This venue will provide information on the services and products that are available to help manage health issues and maintain wellness. CRH will be conducting a free adult community flu clinic and other screenings as well as holding its annual blood drive at this time. There will be information on healthy eating, screening guidelines, exercise options, disease management and prevention, and a chance to try yoga. Stop in and bring the family!

Totally Trades (continued from page 1)

The conference is a free, one-day event for Washington County girls in grades 8 through 12. Funding for the conference is made possible through monies provided by the Maine Department of Transportation, the Maine Department of Education, and the Virginia Hodgkin's Somers Foundation. Additional support and in-kind provisions have been made by WCCC, Cianbro, Time Warner Cable and others.

Conference registration will begin at 8:30a.m. in the lobby of St. Croix Hall, and the day will end by 1pm. Following an official welcome, participants will break into the first of two sessions focusing on a specific career. If you would like more information, please contact Dean Clifford at 454-1003.