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#### New Clinician at WCCC



The college is excited to welcome Bridget O'Rourke, LMSW as the new addition to the student counseling services at WCCC. Bridget's will be located in Apartment 4 in Quoddy Hall, please stop in to welcome her to WCCC.

Bridget is employed at Aroostook Mental Health Center (AMHC) in Calais and is contracted to provide counseling services one day per week at WCCC. Her office hours will be Tuesdays from 8:00 am -10:00 am for client appointments, 10:00 am -10:00 am for drop in inquiries only regarding services provided or to make an appointment, noon -10:00 am -10:00 am

1:00 pm lunch break, 1:00 pm - 5:00 pm for client appointments.

If you would like to refer a student for counseling services, please complete the attached referral form and return it to Susan Mingo or Scott Harriman. They will work closely with Bridget to create her schedule during her limited time on campus.

In addition, both Scott and Susan are aware of other student counseling services and oftentimes do referrals for students and assist them with making off-campus connections for Mental Health needs. If you have a student whom you would like to connect with services immediately, please call us. I offer this so individuals are aware that students do not have to wait for services until Tuesdays as this is not their only resource. If you encounter a student in crisis contact Scott and I immediately for assistance.

the top 10% of Community Colleges in the USA (Aspen Institute)

WCCC named in 2014, 2013 & 2011 in

### Special points of interest:

Tuesday, November 25, Faculty will have their "thank you" breakfast in the staff lounge. Please contact Rose if you have any questions.

Mark Your Calendar: Student Holiday Banquet is scheduled for December 17, 2014.



Special thank you to all those at WCCC that donated to the 10th Annual Turkey –A-Thon. The college donated \$524 to the cause.













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### 1st Annual WCCC Ghost Run Results

A beautiful Fall day to run! The 1st Annual Ghost 13.1 half marathon run took off this past Sunday the 26th and it was an exciting day for many! Over 40 runners participated. Gary Allan an avid runner and race organizer said, "I have run hundreds of events over the years. It was kind of a last minute decision to even make the trip. I am so glad I traveled Downeast. This kind of home grown, grass roots event is the true bread and butter of running. Its where all the things I personally love about the sport always shines. Your volunteers were the best, you course markings were spot on. Your post race gathering had delicious food and a wonderful vibe followed by a friendly van ride back to my car. My next race in NYC on Sunday will feature 40,000 participants but one thing they can't touch what you already have."

Congratulations to all the runners and organizers, Chris Woodside and Sarah Mulcahy. An excellent 1st annual event to benefit student scholarships and the Outdoor Adventure Center. Below are the race results for each runner/relay teams.

Ghost Run					
FEMALE					
Gretchen Gordon	Individual	52	1:57:49	12	1
Elizabeth Churchill	Individual	33	1:58:19	13	1
Michelle Roy	Individual	32	2:20:31	16	2
Amanda Overlook	Individual	31	2:22:06	17	3
Julie Richard	Individual	35	2:22:46	18	4
Amanda Belanger	Individual	34	2:24:03	19	5
		MALE			
Gary Allen	Individual	57	1:27:35	1	1
Mark Smutz	Individual	55	1:34:56	2	2
Andrew Tienman	Individual	57	1:36:56	3	3
Austin Townsend	Individual	60		4	1
Peter Williams	Individual	36	1:40:06	5	1
John Hough	Individual	60	1:40:06	6	2
Zachary Gilhooley	Individual	40	1:41:38	7	1
Randy St. Hilaire	Individual	48	1:48:59	8	2
Andrew Watkins	Individual	31	1:49:00	9	2
Garrett Hodgson	Individual	27	1:50:16	10	1
Christian Robinson	Individual	48	1:36:34	11	3
Tony Beal	Individual	38	1:58:38	14	3
Kevin Scarlett	Individual	49	2:20:44	15	4
lan Gordon	Individual	13	2:26:06	20	1
		RELAY	<u> </u>		
Jon Mulcahy	Relay	N/A	1:42:32	1	1
Tricia Brown	Relay	N/A	1:43:54	2	
Molly McDonald & Kelly Peters	Relay	N/A	1:51:17	3	
Al Churchill	Relay	N/A	1:56:40	4	
Bernice Stockley	Relay	N/A	2:09:51	5	

WCCC named in 2014, 2013 & 2011 in the top 10% of Community Colleges in the USA (Aspen Institute)

Special points of interest:

- Saturday, December 6, Wreaths Across America have scheduled their annual kick off event at WCCC. More information to follow.
- Don't forget to complete your mandatory online safety training. If you need assistance, please see Robyn Leighton.



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# Solidarity Harvest-5th Annual Stuffing

The 5th Annual Stuffing Drive, hosted By WCCC Student Senate will begin next week. It's simple, drop your boxes of stuffing in the designated "Turkey" box in the front lobby of the Riverview Hall! Last year WCCC raised over 600 boxes of stuffing to donate to Solidarity Harvest. Please contact Victoria Webber at wictoriahwevver@wccc.me.edu if you have any questions.



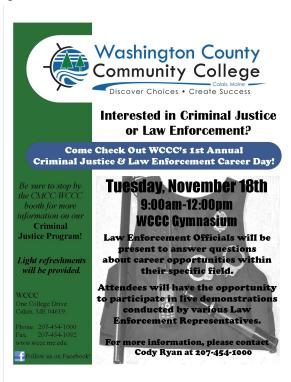
## Flat Rate Book Buyback

The college is excited to announce that from an effort last spring to reduce the costs of books to WCCC students, the college changed how it did the book buy back and started paying flat rate for textbooks. The average amount of books purchased this fall compared to last fall by a student was 32% cost for the student.



## **Veterans Support Group**

A Veterans Support Group will meet on Tuesday's at 10 AM in Apartment 4 of Quoddy Hall. This group will be facilitated by Counselor Bridget O'Rourke. The first meeting is scheduled for Tuesday, November 4th. If you wish to participate in this group please see or contact Scott Harriman at sharriman@wccc.me.edu or Susan Mingo at smingo@wccc.me.edu.



WCCC in 2014 was named 46th Best Community College in the USA (The Best Schools.org)

### Special points of interest:

- This newsletter will be published bi-weekly. Please see Tina with any ideas you may have for the newsletter.
- "Like" the College's Facebook page for the happenings around WCCC. www.facebook.com/ discoverwccc



Last Tuesday, a special surprise from our Culinary & Baking program, Cherry Cheesecakes!