

Newsletter September 2020

TRIO SSS WELCOMES STUDENTS

Courtney Kake Human Services

My name is Courtney Kake and I am in the Human Services program at WCCC. I have always wanted to go to college, but it took me a few years to figure out exactly what career I wanted to



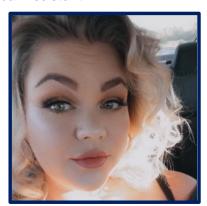
pursue. After learning more about what the Human Services program had to offer, and many life experiences along the way, I realized that a career in this particular field was the best option for me. I feel that there is a great need in our community for mental health awareness and easy access to services that can help. One day I would like to be a part of the effort to end the stigma surrounding mental health and have a job that I am passionate about! My advice to anyone considering going to college is that if you feel like you are not smart enough or capable, you are smart and you are capable. In order to succeed you must first believe that and have the confidence to succeed. Everyone is different in how they learn; some are hands-on and some are book learners, but WCCC gives you the tools you need to be successful. I am happy to say that I am a member of TRIO and can rest easy knowing that if I need help, a tutor is one click away!

Harley Sanford

Medical Assisting

At 31 I am back, back on the road to earn my degree. Different things have changed through these years but one remains the same, my ultimate goal of pursuing my career passion and returning to WCCC to make that happen. The first time I chose to come to WCCC I chose it because it was close to home. Now I choose it because it offers not only a great curriculum but an even more amazing faculty. This year I return as a WCCC Medical Assistant student. My goals are to earn my degree and then transfer to a four-year nursing program while working as a Medical Assistant.

Along the way I have stumbled, life has gotten in the way, but I'm here ready as ever. The quotation, "Life is a book; every day is a new page. Every month is a new chapter; every year is a



new series" (unknown) reminds me that I get to choose where I go from here. I am in control of my future. Welcome back Harley!

Do you have friends who need help?

Encourage them to apply for TRIO SSS https://www.wccc.me.edu/wp-content/uploads/Application-for-TRIO-SSS.pdf

Guy Woodruff

Residential Commercial Electricity Plumbing and Heating Technology

I am from Kansas City, Missouri and before I could even walk my family moved to Monroe City.

I then moved to Hannibal and Palmyra, Missouri. At 18 I was homeless and was helped by a man I have come to know as a grandfather. Several years later I moved to New York state. I moved to Maine because it is a beautiful place, and I transferred from Ashford University to WCCC because I was not satisfied with the program I chose there. I plan to buy real estate and find ways to contribute to the local economy. My goal in life is to gain enough wealth to be able to help a person struggling by buying groceries or paying a bill, or even giving them a job. I plan to use the trade degrees that I

earn to have an electrical not-for-profit business that charges the person who is impoverished only the cost of supplies to do the electrical

work they need.



The LORD is my shepherd, I lack nothing.

He makes me lie down in green pastures,
he leads me beside quiet waters,
he refreshes my soul.

He guides me along the right paths
for his name's sake.

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

Surely your goodness and love will follow me all the days of my life,

and I will dwell in the house of the LORD forever.

Psalm 23, A psalm of David

TRIO Student Wins Constitution Contest

We the People ...

Guy Woodruff won the local WCCC competition on the United States Constitution. He competed with students from other campuses in the Maine Community College System taking first prize. Congratulations Guy!



"The Constitution is the beginning of our country. The declaration of Independence says that the colonies separated from Britain, the constitution says that they decided to join. This document is the most important document in US history. This is the only document that guarantees that we have the inalienable rights as human beings. No, it is not perfect. That is why there are ways to amend the constitution." Guy Woodruff

TRIO SSS Staff Are Here to Help

TRIO staff recognize the special challenges that Covid 19 presents for our students. We thank you for wearing your masks and making every effort to keep our community healthy and safe. If you need help or support, or you just want to talk, you are welcome to contact us at any time M-F, 8 to 5.



<u>Disclaimer</u>: We welcome students' contributions as personal stories reflecting beliefs of the individual authors and not the institutions of WCCC or MCCS.

Director's Cut

We transitioned from hot summer weather into the chilly fall mornings overnight it seems. By now you have all gotten a taste of your new routines and schedule for this semester. Remember we are here to help you with the transition of being back in school.

TRIO is open!

M-F / 8-5

- Do you have live classes on campus? Come into the office to ask a question, use a computer, print, scan, or to make an appointment.
- Are you in online courses this term? Then visit with us remotely by calling, emailing, and/or by scheduling a virtual meeting.

Director, Nicole Nygren nnygren@wccc.me.edu ~ 207-454-1062

Administrative Specialist III, Linda Shattuck Ishattuck@wccc.me.edu ~ 207-454-1064

Transfer Counselor, Pamela Feeney pfeeney@wccc.me.edu ~ 207-454-1079

Interim Accessibility Specialist, Liz Sullivan esullivan@wccc.me.edu ~ 207-454-1093

Free Supplies for TRIO **Students**



Find us online!

Portal:

https://portal.wccc.me.edu/ICS/Academics/TRIO SSS.jnz

TRIO on Brightspace:

https://mccs.brightspace.com/d2l/home/36073

Study Center on Brightspace:

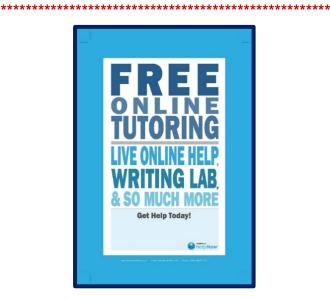
https://mccs.brightspace.com/d2l/home/36072



Add us on Facebook trio.washingtoncounty

Let's use the hashtags #WCCCTRIO and #TRIOworks





Tips for getting a tutor when you need one

- Request a tutor through the Study Center first (Brightspace, phone, email)
- Be proactive: schedule appointments early
- Appointments can be made outside of normal office hours

Use Brainfuse when a tutor is unavailable

Tutoring[PF1]

Tutoring is back in full swing. Be proactive! Schedule a session using our Brightspace course "WCCC Study Center: Tutoring", by calling the office at 454-1064, and/or emailing us at trio@wccc.me.edu.



New this year is a 24/7 online tutoring platform called Brainfuse. Access Brainfuse through the Content tab in the Study Center's Brightspace course. Use Brainfuse when the TRIO office is closed – on weekends and holidays or when you are working late at night.

Dates to Add to Your Calendar

FAFSA Application 21-22 Opens October 1

If you need help filling in the FAFSA in October, please contact Financial Aid or seek assistance from your TRIO advisor.

What you need to complete the FAFSA https://studentaid.gov/help/info-needed

Web Address for the FAFSA Application https://studentaid.gov/h/apply-for-aid/fafsa

Maine Deadline for FAFSA completion May 1

Maine has additional money to distribute to eligible Maine students. Maine State Grants are distributed on a first come first served basis; <u>complete your application as soon as possible after October 1</u>. If you need help contact TRIO SSS staff.

<u>FAME: Education – Finance Authority of Maine</u>

The Maine State Grant Program provides need-based grants to Maine undergraduate students. For the 2020–2021 academic year, the maximum grant award is \$1,500.

https://www.famemaine.com/education/topics/filling-the-fafsa/fafsa-

faqs/#:~:text=To%20be%20considered%20for%20a,may%20be%20eligible%20to%20receive.

Fall 2020 Workshops

Save these dates and links to your calendar.

Tips and Advice

Available NOW on TRIO's Brightspace Course

September 28th - 2nd

Scholarship Assistance

Zoom Link: https://zoom.us/j/95387420578

- Monday 28th at 2pm
- Tuesday 29th at noon
- Wednesday 30th at 2pm
- Thursday Oct 1st at noon
- Friday Oct 2nd at 2pm

October 13th - 16th

FAFSA renewals

Zoom Link: https://zoom.us/j/99703953164

- Tuesday 13th at noon
- Wednesday 14th at 2pm
- Thursday 15th at noon
- Friday 16th at 2pm

October 26th - 30th

Transfer Preparation + Fair*

Video about Preparation to be posted on Brightspace

- Tuesday 27th Transfer Fair 11:00 to 1:00
- Details of how to join coming soon!

November 9th - 13th

Give yourself an "A"

Zoom Link: https://zoom.us/j/96073869026

Thursday 12th at noon

November 16th - 20th

Exploring Culture

Zoom Link: https://zoom.us/j/92733369558

- Monday 16th at 2pm
- Tuesday 17th at noon
- Wednesday 18th at 2pm
- Thursday 19th at noon
- Friday 20th at 2pm

December 7th - 13th

Finishing Strong - Mental Health

Zoom Link: https://zoom.us/j/97790613245

- Monday 7th at 2pm
- Tuesday 8th at noon
- Wednesday 9th at 2pm
- Thursday 10th at noon
- Friday 11th at 2pm

Washington County Community College