

Washington County



Community College

Calais, Maine
Discover Choices • Create Success

**Approximate Cost
For One Year
(Tuition & Fees)**

In State
\$3,985.60

New Brunswick Residents
\$3,985.60

Out of State
\$7,672.60

New England Residents
\$5,832.70*

*See New England
Regional Students section
of the WCCC catalog.

Financial Aid is available
for students who qualify.
Approximately 85% of
WCCC students receive
some form of financial aid.

www.FAFSA.Ed.Gov

School Code: 009231

One College Drive
Calais, Maine 04619

207-454-1000
1-800-210-6932



wccc.me.edu

Outdoor Leadership:

Adventure Recreation & Tourism



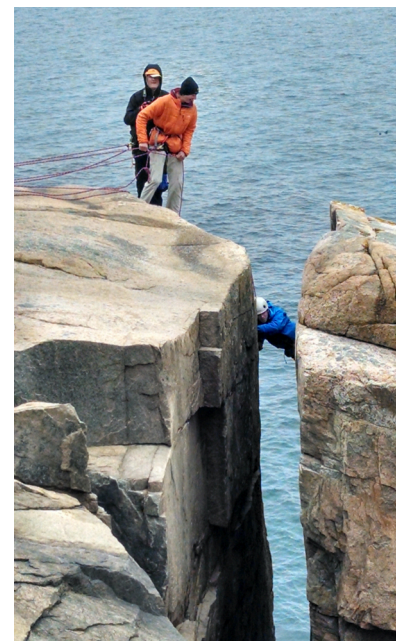
The Outdoor Leadership program at Washington County Community College was created in response to the increasing demand for qualified, trained outdoor specialists in the Outdoor Recreation industry. The Adventure Recreation and Tourism concentration provides practical, hands-on training in rock climbing, sea kayaking, mountaineering, backpacking, whitewater and flatwater canoeing, scuba diving, sailing, and a wide variety of other adventure activities. Students obtain essential leadership and technical skills through participation in various extended wilderness expeditions.

The purpose of the Adventure Recreation and Tourism concentration is to equip students with strong leadership skills that will prepare them for careers in the fast-growing outdoor recreation and adventure tourism industry. Successful completion of the program qualifies graduates for a variety of positions in the outdoor recreation industry including professional Maine guide, outdoor educator, park interpreter, recreation coordinator, trip leader, camp director, recreational programmer, and more.

Maine's outdoor environment is the ideal place to study how outdoor recreation is quickly becoming the fastest growing industry in the world. From paddling Maine's wild rivers, to kayaking the beautiful coast, the Outdoor Leadership program is well seated in the heritage and culture of all that Maine's natural environment has to offer.

For more program specific information, please contact the program instructor Scott Fraser, sfraser@wccc.me.edu, 207-454-1031.

Washington County Community College is an equal opportunity/affirmative action institution and employer. For more information; please call Tatiana Osmond, Affirmative Action Officer, at 454-1040



Course Outline

**Outdoor Leadership w/concentration in Adventure Recreation & Tourism
Associates in Applied Science – 63 Credit Hours**

Semester 1

Course #	Course Name	Credits
ADV105	Intro to Sea Kayaking	1
ADV119	Wilderness Expedition Skills I	4
ADV141	The Maine Environment I	1.5
ADV114	Ropes Course Facilitation	2
PFD100	Physically Fit for Duty	1
MATXXX	Math Elective - MAT112 or above	3
ENG101	English Composition	3
FYE100	First Year Experience	1
	Total	16.5

Semester 2

Course #	Course Name	Credits
ADV121	Wilderness Expedition Skills II	4
ADV115	Outdoor Leadership	3
EMS114	Wilderness Advanced First Aid	1.5
ADV175	Internship/Practicum	3
ADV142	The Maine Environment II	1.5
ADV125	Tourism Seminar -OR-	3
ADV260	Foundations of Outdoor Therapy	3
	Total	16

Semester 3

Course #	Course Name	Credits
ADV226	Adventure Programming	3
BUSXXX	Business Elective	3
HIS115	Maine History	3
PHI114	Environmental Ethics	3
CMJ224	Search and Rescue	1
ADVXXX	Adventure Rec Elective	3
	Total	16

Semester 4

Course #	Course Name	Credits
ADV250	Capstone	3
EMS116	Wilderness First Responder Bridge	1.5
XXX	Any 4-Credit Lab Science Elective	4
COM200	Environmental Interpretation	3
ADVXXX	Adventure Rec Elective	3
	Total	14.5

Updated 4/21/2021

Program Certifications

Students have the opportunity to receive the following nationally recognized certifications:

Certifications Through Required Courses:

- Wilderness First Responder (WFR)
- American Canoe Association Certified Canoe Instructor
- Leave No Trace Trainer
- National Association of Interpretation Certified Interpretive Guide
- US Sailing/American Red Cross Small Boat Sailing Certification
- Maine Snowmobile and ATV Safety Certificate
- Maine Boating Safety Certificate
- Paddle Canada Canoe certifications
- National Association for Search and Rescue SARTECH II Certification

Certifications Offered Through Elective Courses:

- Wilderness Emergency Medical Technician (WEMT)
- Maine Recreational Guide License prep
- Maine Sea Kayak Guide License prep
- US Coast Guard Captain's License prep (Six Pack)
- PADI SCUBA Open Water Dive Certification
- Professional Climbing Instructor Association (PCIA) Climbing Wall Instructor
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Required Equipment List Fall/Spring 2021-22

As a student in the Adventure Leadership program, you will need most of the equipment listed below as well as other minor equipment. We have tried to minimize this list as much as possible, as we are aware that this equipment can be very expensive. Please keep in mind, however, that if you purchase quality equipment, you are likely to get many years of use out of each item. If you are not sure what brand/models to purchase, wait until you arrive at WCCC in the fall to purchase these items, as we will be covering what to look for in quality outdoor gear. Just **make sure to come to school in the fall with the financial resources necessary to purchase your gear** soon after the fall semester begins.

Item	Available to rent/borrow from OAC	When Needed (Sem.Week)	Approx. Cost
Polypropylene Undergarments (long underwear)	No	1.2	\$50
Warm Pants (fleece or wool)	No	1.4	\$40-150
Warm Fleece Technical Shirt (such as OR Radiant Hybrid Pullover)	No	1.2	\$30-150
Waterproof/Breathable Pant Shell such as <i>Marmot Precip</i> pants	No	1.2	\$80-180
Waterproof/Breathable Jacket Shell such as: <i>The North Face Venture</i> or <i>Marmot Precip Jacket</i>	No	1.2	\$80-120
Waterproof/Breathable Paddling/Sailing Jacket	Yes	1.2	\$80-150
Winter Hat (fleece or wool)	No	1.4	\$20-30
Warm Synthetic Socks (wool, etc – several pairs)	No	1.4	\$10-30 ea
Warm Synthetic hooded “Puffy” Coat such as: <i>Marmot Calen Hoody</i> or <i>North Face Thermoball</i> or <i>Patagonia Nano Puff</i> jackets	No	2.1	\$150-200
Winter Gloves (waterproof)	No	2.1	\$50-\$100
0 to -20 Degree Winter Sleeping Bag (not down) such as: <i>Mountain Hardwear Laminina Z Torch</i>	Yes	1.4	\$150-300
Insulated Ground Pad (closed cell foam or Thermarest)	No	1.4	\$30-85
Internal Frame Backpack-approx. 4000-5000 cu. in./70-75 liter such as: <i>Osprey Argon 70</i> or <i>Gregory Baltoro 75</i>	Yes	1.10	\$100-\$300
Daypack	No	2.2	\$30-\$100
Mess Kit – including fork/spoon/spork	No	1.4	\$30-\$80
Camp Cooking Pot set – must include 1-quart cooking pot (may be combined with mess kit)	No	1.4	\$30-\$100
2 1-liter Widemouth Water Bottles – must be Nalgene or other similar durable unbreakable plastic bottle with a wide mouth	No	1.2	\$12 ea

Updated 4/5/2019

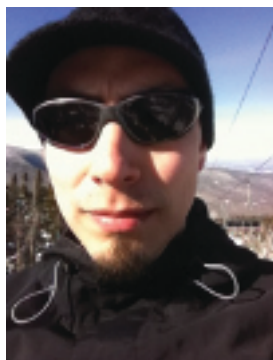
Why focus on the **Adventure Recreation and Tourism** concentration within the **Outdoor Leadership** program at WCCC? See what great things alumni who focused on Adventure Recreation and Tourism have accomplished!

Jessica Kowalski, Class of 2012



Jessica transferred into the Adventure Recreation and Tourism program from the Liberal Studies program at WCCC. She immediately became passionate about rock climbing and started frequenting our indoor rock climbing wall, and developed her skills to obtain her Climbing Wall Instructor certification through WCCC's Professional Climbing Instructor Association Certification course as a second-year student. She continued on to work as a Climbing Instructor at our climbing wall as a second-year student. After graduation, she attended Unity College where she has recently graduated with her Bachelor's Degree in Adventure Based Environmental Education. While at Unity, Jessica worked at their climbing wall and led the college's summer orientation trips. Since graduating she has worked for Rustic Pathways in New Orleans, LA as a Program Leader, The Leadership School at Camp Kieve as an Outdoor Educator, and as a Wilderness Therapy Guide at Summit Achievement in Stow, Maine. Jessica states, "Adventure Rec gave me the leadership skills I needed to be confident in the field and a healthy drive for new knowledge and adventure." She recently accepted a full-time position at Evo Rock and Fitness in Portland, Maine. You can hear more of Jess' story on our YouTube channel

Ben Stevens, Class of 2010



Since graduation from WCCC's Adventure Recreation and Tourism program, Ben has had a number of adventure-based positions, ranging from working as an Emergency Medical Technician (EMT), to working at Eastern Mountain Sports, to working as a Trip Leader and Guide with the Maine Outdoor Education Program. Ben says, "The leadership and people skills I learned at WCCC are applicable to just about any job you do, and it is one of those things that gets noticed while working with others." Currently, Ben is working at Acadia Hospital as a Psychiatric Technician, as well as a Guide at Northwoods Ranch and Retreat in Newport, Maine where he works with at-risk young men in wilderness settings. Ben says he is excited to be working directly with the owner of this new start-up adventure therapy company. Ben states the owner "was looking for someone that was competent to bring clients out into the woods safely, but would also be able to handle some of the clients' behavioral or psychological issues." In addition, Ben has also just started his own arborist business, and is planning on attending the Graduate

Jonah Bloom, Class of 2006



Since his graduation from the Adventure Recreation and Tourism program, Jonah has worked as a Raft Guide for North Country Rivers in Bingham and served as a Recreational Safety Coordinator for Maine's Department of Inland Fisheries and Wildlife. Jonah is currently working as the manager of Lake Parlin Lodge and Cabins near Jackman, Maine. His daily duties at Lake Parlin Lodge include year-round trail maintenance for hikers, cross-country skiers, and snowmobilers. In addition, his day includes greeting visitors, managing the lodge's restaurant and cabins, and renting snowmobiles and other outdoor recreation equipment for use on their trails.

Scott Newton, Class of 2005



Scott began his whitewater career as a summer intern for North Country Rivers in Bingham, Maine. After graduating, he quickly moved up the ranks there as a Trip Leader and River Manager. He is now the Head of Operations, a year-round, salaried position. He says he feels lucky "doing the things I love: rafting, snowmobiling, ATVing, hunting, and fishing... all with a liveable income." His future plans are to continue using his education from WCCC to one day own North Country Rivers or start his own business.

Lisa Leighton, Certificate Program, Class of 2011



Lisa says, "Since my education at WCCC, more fantastic opportunities have been thrown my way than I can count. I received my Maine Guide license, worked as a Trip Leader and Guide for Maine Outdoor Education Program, and began working with our own local business. I took all my education that I received and applied it to running a business harvesting and processing kelp and selling it to another Maine based business who sells our product worldwide." Lisa is also a contractor for the Department of Marine Resources (DMR), where she collects scientific data for urchins, scallops, and/or lobsters depending on the season. She feels that the DMR was impressed by her knowledge of the local ecosystem and tourism industry. She says that a real bonus for them was that she had received all her safety training while at WCCC and could go to work immediately. In her spare time, she works on her family's commercial fishing boat harvesting whelks, kelp, and scallops. She says, "The knowledge and skills that I learned in the Adventure Recreation program are used every single day while I am either at home or work!"