

#### wccc.me.edu/programs

# SUBSTANCE USE & RECOVERY

## PROGRAM DESCRIPTION

The Certificate in **Substance Use and Recovery** prepares students to test to become a Certified Alcohol and Drug Counselor in the State of Maine. Students will become familiar with substance use and the skills necessary to support individuals seeking various pathways to recovery. Students will learn their role as a contributing member to a treatment team, including screening, assessment, diagnosis, and treatment planning. This one-year certificate will provide students the opportunity to certify in the state of Maine as Alcohol and Drug Counselors and will also provide a path to continue on to complete and Associate in Applied Science degree in Human Services.

### Career **OPPORTUNITIES**

The Certificate in Substance Use and Recovery is designed to prepare students to take the State of Maine test to become a **Certified Alcohol and Drug Counselor**. Both statewide and nationally substance use counselors are needed, and it is currently considered a high-growth field. Locally, Washington County has several agencies who hire Certified Alcohol and Drug Counselors, including Discovery House, Groups: Recover Together, and AMHC.

### PROGRAM OUTCOMES

- 1. Students will demonstrate understand types of substances and their physiological, behavioral, and emotional impact.
- Students will have knowledge of different counseling theories and their applications in treatment and treatment planning.
- 3. Students will be able to assess, diagnose and treatment plan with individuals with substance use disorders.
- 4. Students will understand a variety of treatment interventions and settings for substance use disorders and people with co-occurring disorders.
- 5. Students will understand the role of the Certified Alcohol and Drug Counselor as a contributing member of the treatment team.

Washington County Community College is an equal opportunity/affirmative action institution and employer. For more information; please call Tatiana Osmond, Affirmative Action Officer, at 454-1040



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Current as of 6/11/2024

# Substance Use & Recovery Course Curriculum

### Certificate

#### **37 Credit Hours**

Course #	Course Title		Credits
Semester 1			
ENG 101	College Composition		3
FYE 100	First Year Experience		1
HUS 219	Community Mental Health		3
HUS 125	Drug, Substance Use and Recovery		3
MAT 112 or Higher	MAT 112 or above		3
PSY 101	Introduction to Psychology		3
HUS 245	Addiction and the Family		3
		Total	19
Semester 2			
HUS 236	Trauma and Recovery		3
HUS 213	Case Management		3
HUS 231	Interviewing and Counseling		3
HUS 240	Group Process		3
HUS 250	Chemical Dependency Counseling		3
HUS 255 or ADV 260	Diverse Care in Human Services or Foundations of Outdoor Therapy		3
		Total	18

Cost per credit hour is \$96. For more information visit: https://wccc.me.edu/admissions-aid/finances/tuition-fees/ Financial Aid is available for students who qualify at www.FAFSA.Ed.Gov School Code: 009231

Visiting the campus is easy. Contact the Office of Admissions at 207-454-1000 or wcccadmissions@mainecc.edu to schedule a time to visit! For more program specific information, please contact the program instructor Elizabeth Sullivan, esullivan@mainecc.edu or 207-454-1022